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rooklyn Hospit



Keeping Brooklyn Healthy



If you are scheduled to go to Pre-Surgical Testing Center, it is important that you bring these items with you:

- ★ Direct evidence of ID
- ★ Record
- ★ Appropriate general anesthesia consent
- ★ Appropriate consent form
- ★ Recent ECG, chest X-ray, and other tests
- ★ All medications you are taking (including over-the-counter and herbal supplements)
- ★ Contact information for your primary care physician/physician
- ★ List of blood glucose medications, insulin, or blood thinning medications

Medications

Some medications may affect the results of the pre-surgical testing. Please bring a list of all medications you are taking, including over-the-counter medications, vitamins, and supplements. Examples include aspirin, NSAIDs, blood thinners, insulin, and diabetes medications. Please bring a list of all medications you are taking, including over-the-counter medications, vitamins, and supplements.

Stop Smoking

Smoking increases the risk of complications during surgery. Please stop smoking at least 4 weeks before your surgery. If you are unable to quit, please discuss this with your surgeon. For more information, please contact your surgeon.

Things to Know

BEFORE YOUR SURGERY

You will receive a phone call the business day before your surgery

718.250.8060
718.250.6965
718.250.8060
718.250.6965

- ★ Arrive
- ★ Medication
- ★ Diet
- ★ Fasting
- ★ Pre-surgery

Do not eat or drink after midnight the night before surgery, with the exception of children younger than 4 years old.

For children younger than 4 years old:

- ★ Breastmilk
- ★ Breastmilk
- ★ Clear liquids

Unless your surgeon, anesthesiologist or primary care provider has said otherwise:

- ★ Medication
- ★ Diet
- ★ Pre-surgery

If you are on any insulin therapy, please contact your primary care provider.

Please take a bath or shower in the morning or the night before surgery.

We recommend that you do not drink alcohol, or use recreational drugs, for 72 hours before surgery.

Childcare arrangements should be made in advance.

A parent/guardian must remain on the premises for any pediatric surgeries.

Things to Know for THE DAY OF YOUR SURGERY

Wear comfortable, loose fitting clothing.

Please do not bring:

- ★ Valuables
- ★ Cell phones
- ★ Jewelry

Please bring:

- ★ Government ID
- ★ Insurance card
- ★ Driver's license
- ★ Photo ID
- ★ Prescription
- ★ Current medication (including over-the-counter)

Please do not wear:

- ★ Dark red clothing
- ★ Nail polish
- ★ Contact lenses

You will be assessed by the nursing staff, surgeon/surgical residents, and anesthesiologist prior to going to the Operating Room (OR).

See your pre-admission nurse in the Pre-Operative Area.

Things to Know FOLLOWING YOUR SURGERY

You will be transferred to the post-anesthesia care unit (PACU) for recovery from the effects of anesthesia before being transferred to the recovery room.

Please note that you will not be allowed to eat immediately after surgery until you are cleared to eat.

Any complaints of pain and nausea will be addressed in the PACU room.

If you will be staying at the facility, remain in the PACU until you are cleared. Once cleared, you will be transferred to the post-anesthesia care unit (PACU) for recovery from the effects of anesthesia before being transferred to the recovery room.

FAMILY & FRIENDS

